BC Bike Race takes place in and around the remote wilderness of British Columbia – racers are often quite a distance from hospitals – in addition to our standard racer rules, these rules are in place to keep racers safe.

The Basics

1. All racers must follow the official designated marked route on their modern and well-maintained mountain bike with an official BCBR racer plate affixed to the front of the bike and visible. Racers must always wear a helmet in accordance with the laws of BC when riding their bicycle, show up to the start on time, and cross the official finish line. This is a timed event; cumulative times are used to determine the winners and all racers who do this every day for seven days in a row are considered “finishers”.

Conditions of Participation

2. Racers must be 19+.
3. Racers must complete a comprehensive medical questionnaire prior to racer check-in.
4. All racers must attend racer check-in. Racers must agree to and sign the liability waiver as a condition of participation and will wear their wristband for the duration of the event.
5. Racers are responsible for having a well-maintained and working bike. Mechanical support is available at Aid Station 1 and 2 and at Basecamp.
6. All racers must attend the Mandatory Racer Meeting

Medical

7. Racers may be medically disqualified at the discretion of the Medical Team.

On-Course

8. Racers may not participate without a race plate. The race plate must remain affixed to the front of the bike and visible at all times while on course. The race plate may not be amended in any way.
9. Racers may not participate without their bib visibly affixed to their back (outer layer of clothing or backpack).
10. Racers must be wearing a helmet that complies with the international ANSI/SNELL standards at all times while riding their bikes.
11. We suggest that racers carry the recommended gear while on course: whistle, rain jacket/space blanket, a pressure bandage, and a day’s supply of any medication you require (EpiPen, heart medication, asthma medication, diabetes medication, etc.).
12. You must be at the race start race ready 30 minutes prior to race start, in your correct gate based on your overall General Classification. Late racers will be required to start in the last gate or as allowed by BC Bike Race officials.
13. The water provided at Aid Stations is only for hydration and not for bike washing or showering.
14. All traffic laws must be observed when on roads. Failure to do so may result in injury or being removed by BCBR officials from the event.
15. When start areas are beside active road and within ferry terminals special ‘no riding’ rules are enforced prior to start, as directed by ferry staff, police, and BC Bike Race officials.
16. A racer is not permitted to take any shortcuts, or omit a circuit, take other advantages of similar nature against other competitors.
17. Any racer who exits the course must return to the course at the exact same point at which they exited.
18. Towing another racer is not allowed, unless required as a result of a medical or mechanical situation to reach an aid-station or the finish line.

Leaving the Course

19. Only racers who complete all seven stages will be considered official BC Bike Race “finishers” and are eligible for cumulative time (overall event wins) wins. All others will be considered “participants” and are still eligible for stage wins.
20. Any racers who do not cross the finish line, are taken off the course, or self-extract from the event must check-in immediately with Racer Relations upon returning to Basecamp. Do not go to your tent, have a shower, or wash your bike first. Failure to do so will result in us contacting your listed emergency contact and being unable to participate in any further stages.
21. If you do not finish a stage, or if you miss a stage completely (do not start) for any reason, you will be registered as a ‘participant’. All “participants” who wish to re-enter the event must be cleared by Racer Relations staff to do so.
22. Any racers who are medically disqualified due to injury or illness must be cleared by the BC Bike Race Medical Director and/or local hospital doctor.

Timing

23. Racers who stay with injured racers or are commandeered by BC Bike Race will be given time credit for being a good Samaritan.
24. When racing as a team, the time of the second team member to cross the finish line will be recorded as the team’s time.
25. Protests must be communicated immediately upon finishing the event to Racer Relations (within 15 minutes of finishing). Protests will be adjudicated by the Management Committee (local Course Director, Course Control Manager, and Racer Relations.)
Leaders

26. Race leaders and winners are obliged to wear the leader jerseys and must attend daily podium awards.

27. A racer’s sponsor badge/logo fixed on any leader jersey must not cover or obscure the existing BCBR branding and sponsors’ logos.

Category Changes

28. Teams of 2 who divorce during the race are eligible to be categorized into solo status. All status changes must be requested through Racer Relations the day before. Note: converted teams are eligible for stage but not cumulative wins.

Cut-Off Times

29. BC Bike Race may enforce cut-off times for racers who have exceeded the allowable amount of time on course, or in the event of extenuating circumstances (extreme conditions, course damage, etc.) All modified time, distance, and “finisher” or “participant” status will be posted by BC Bike Race online.

Consequences:

These rules are in place primarily to ensure fairness and safety within the context of a mountain bike stage race. Failure to comply will result in a warning. Second offenses will result in a 30-minute timing penalty and subsequent offenses may include expulsion, at the discretion of Racer Relations and the Management Team.