

BC Bike Race 2020 Schedule for Racers *Subject to Change*



Registration	Registration	12:00pm - 4:00pm	
Day -1	Mandatory Meeting	5:00pm	
Jul-2-2020 - Thurs			

Day 8 Jul-11-2020 - Sat	Racers clear of sleeping	8:00am	Squamish	
	Breakfast	7:30am - 8:30am	Squamish	

	Jul-3-2020 - Fri	Jul-4-2020 - Sat	Jul-5-2020 - Sun	Jul-6-2020 - Mon	Jul-7-2020- Tues	Jul-8-2020-Wed	Jul-9-2020 - Thu	Jul-10-2020 - Fri
	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Race In	North Vancouver	Cowichan	Cumberland	Cumberland	Powell River	Earls Cove to Sechelt	Sechelt to Langdale	Squamish
Racers Sleep In	Cowichan	Cumberland	Cumberland	Powell River	Powell River	Sechelt	Squamish	Squamish
Racer Wakeup Call	on your own	6:00am	6:00am	6:00am	6:30am	6:00am	6:00am	6:30am
Breakfast A	on your own	6:30am-7:00am	6:30am-7:00am	6:30am-7:00am	7:00am-7:30am	6:30am-7:00am	6:30am-7:00am	7:00am-7:30am
Breakfast B	on your own	7:00am-7:30am	7:00am-7:30am	7:00am-7:30am	7:30am-8:00am	7:00am-7:30am	7:00am-7:30am	7:30am-8:00am
Breakfast C	on your own	7:30am-8:00am	7:30am-8:00am	7:30am-8:00am	8:00am-8:30am	7:30am-8:00am	7:30am-8:00am	8:00am-8:30am
Racers clear of sleeping ter	N/A	6:45am	N/A	6:45am	N/A	6:45am	6:45am	N/A
Stretch Zone	N/A	6:30-8am	6:30-8am	6:30-8am	7-8:30am	N/A	6:30-8am	6:30-8am
Wellness Taping	N/A	7:00am - 8:00am	7:00am - 8:00am	7:00am - 8:00am	7:30am - 8:30am	9:25am	7:00am - 8:00am	7:30am - 8:30am
Load Buses*	ТВА	12:30pm - 3:45pm	N/A	1:45pm/5:40pm	N/A	8:00am	3:05pm/5:20pm	N/A
Ferry Crossing	1:25pm	N/A	N/A	3:25pm/ 7:10pm	N/A	9:25am	2:05pm/4:20pm	N/A
Race Start	8:00am - 9:45am *staggered	8:30am	8:30am	8:30am	9:00am	11:00am	8:30am	9:00am
First Racers	8:15am	11:00am	11:00am	10:00am	11:00am	2:00pm	10:30am	11:30am
Last Racers	10:30am	3:30pm	3:30pm	1:00pm	3:30pm	7:00pm	3:30pm	4:30pm
Stage Awards	5:00pm in Cowichan	12:30pm in Cowichan	12:30pm	11:30am	2:00pm	4:30pm	Live @Finish in Langda	4:30pm-6pm after last finis
Overall Race Awards	N/A	N/A	N/A	N/A	N/A	N/A	N/A	4:30pm-6pm after last finis
Rocky Mountain Beer Garo	N/A	2:00pm-7:00pm	11:00am - 6:00pm	11:00pm - 5:00pm	11:00am - 6:00pm	2:00pm-8:00pm	4:00pm - 8:00pm	N/A
Wellness	4:00pm-9:30pm	2:00pm-10:00pm	2:00pm-10:00pm	5:00pm-10:00pm PR	12:00pm-9:30pm	2:00pm-9:30pm	4:00pm-10:00pm	N/A
Yoga Stretch	7:30pm	7:30pm	7:30pm	7:30pm	7:30pm	8:30pm	8:30pm	N/A
Bike Check Closes	11:00am	4:30pm	4:30pm	2:00pm	4:30pm	8:00pm	4:30pm	8:30pm
Bag Check Closes	9:30am	6:30pm	6:00pm	10:00pm	4:30pm	8:30pm	7:30pm	8:30pm
Dinner A	6:15pm-6:45pm	6:00pm-6:30pm	6:00pm-6:30pm	5:00 5:45 mm C	6:00pm-6:30pm	6:00pm-6:30pm	5:45pm-6:15pm	6:30pm-7:00pm
Dinner B	7:00pm-7:30pm	6:45pm-7:15pm	6:45pm-7:15pm	5:00-5:45pm C 6:00-6:45pm PR **	6:45pm-7:15pm	6:45pm-7:15pm	6:30pm-7:00pm	7:15pm - 7:45pm
Dinner C	7:45pm-8:15pm	7:30pm-8:00pm	7:30pm-8:00pm	6:00-6:45pm PR **	7:30pm-8:00pm	7:30pm-8:00pm	7:15pm-7:45pm	8:00pm - 8:30pm
								4:30-6:30pm Prizing & Entertainment
								6:30pm - LATE - Music
** Dinner location will be s	plit this day. If you travel ove	er on the 3:25pm ferry t	o Powell River you wil	ave within 10 minutes of I be eating dinner in Pow erland, seating time is 5:	ell River, seating time	is 6:00-6:45pm. If you ar	e traveling on the 7:10p	m ferry you will be eating
				hedule is subject to char				